

15 January 2023

Safety Bulletin 1 /2023

Life-Saving Rules



Dear all,

G2 Ocean is committed to providing a safe and healthy work environment for all personnel involved in our operations. The purpose of our Safety Bulletins is to raise awareness of health & safety risks associated with cargo operations.

G2 Ocean works with several hundred stevedore companies worldwide. We believe that by seeking and sharing insights across company and country boundaries, we can prevent future incidents together. Descriptions of incidents will always be fully anonymised.

In this edition of our Safety Bulletin, we want to raise awareness about our new Life-Saving Rules. If you have any feedback, please email us at: safety@g2ocean.com

Best regards G2 Ocean Team



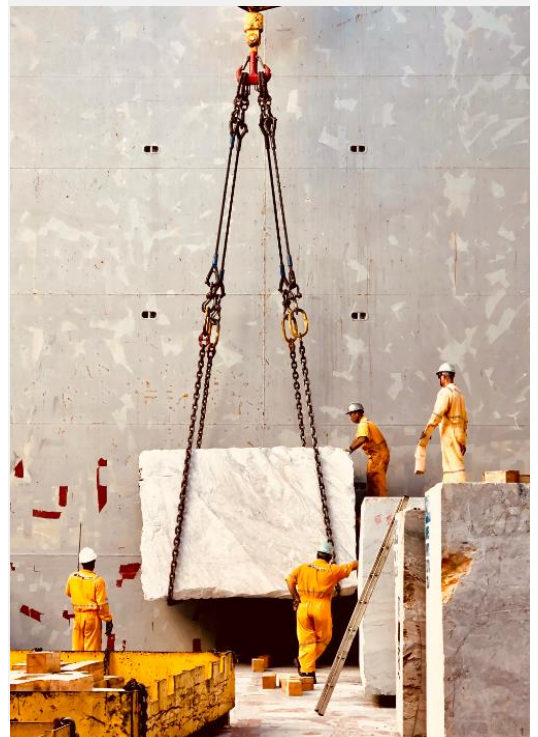
Insight

What & why:

Most of G2 Ocean's vessels are managed by Grieg Star and Gearbulk, who are responsible for the safety of the vessel and its crew. Together with them, we have developed **10 Life-Saving Rules**.

The volume of text in safety procedures has increased drastically over the last decades. It is time to remind each other about the basics. We think the 10 simple rules on the next page apply to all ship and cargo operations.

We find that in most life-threatening incidents one or more of these rules have been broken. Make sure that you and your colleagues follow them. It truly can save lives.



Loading granite. The Life-Saving Rules apply to all cargo types.

10 Life-Saving Rules

1. Wear Personal Protection Equipment

Wear Personal Protection Equipment required for the job.

2. Identify danger zones

Always be aware of your surroundings and identify potential hazards, including moving objects.

3. No alcohol, No drugs

Never work under the influence of drugs or alcohol.

4. Never walk under a suspended load

Stay clear of crane operations.

5. Isolate energy sources

Ensure that energy sources are properly shut off before starting work on electrical equipment or pressurized systems.

6. Prevent slips, trips and falls

Keep an eye out for slip, trip and fall hazards.

7. Obtain Confined Space Entry Permit

Obtain authorisation before entering confined spaces.

8. Stay safe when performing hot work

Identify and control flammables and ignition sources. Obtain a Hot Work Permit before commencing the hot work.

9. Obtain authorisation

Obtain authorisation before overriding or disabling safety barriers, including procedures and safety equipment.

10. Respect the Smoke-Free-Zone

Do not smoke outside the designated smoking areas.

